

SCOPE AND SEQUENCE:

# Social Communication Curriculum

<i>Skills</i>	<i>Goals</i>
SKILL 1: <b>Emotional Recognition</b>	1. Identifying Feelings
	2. Coping with Tough Emotions
SKILL 2: <b>Self-Regulation</b>	1. Keeping an Open Mind ( <i>Elastic Brain</i> )
	2. Staying Calm
	3. Using your Self-Controller ( <i>Keeping Self-Control</i> )
	4. Switching Tracks ( <i>Handling Change</i> )
SKILL 3: <b>Behaviors</b>	1. Keeping Hands to Yourself
	2. Ignoring Others' Behavior
	3. Accepting a Consequence
	4. On Purpose Plan ( <i>Accidents vs. Intentional</i> )
SKILL 4: <b>Play Skills</b>	1. Asking Others to Play
	2. Playing with Others
	3. Being a Good Sport
SKILL 5: <b>School Rules</b>	1. Classroom Routine
	2. Following Directions
	3. Listening in School
	4. Staying Quiet in Class
	5. Asking for Help
	6. Working with a Group
	7. Showing Respect

<b>Skills</b>	<b>Goals</b>
SKILL 6: <b>Perspective Taking</b>	1. Tuning In ( <i>Observing Yourself and Others</i> )
	2. Understanding Others' Point of View
	3. Empathy Essentials
SKILL 7: <b>Basic Conversation Skills</b>	1. Starting a Conversation
	2. Conversation Stoplight ( <i>Knowing When to Talk</i> )
	3. Conversation Drivers & Stoppers ( <i>Maintaining a Conversation</i> )
	4. Conversation Share ( <i>Knowing How Much to Talk</i> )
	5. Ending a Conversation
SKILL 8: <b>Conversation Topics</b>	1. Making Connected Comments ( <i>Staying on Topic</i> )
	2. Topic Radar ( <i>How to Pick the Topic</i> )
	3. Topic Surfing ( <i>Shifting the Topic</i> )
	4. Think It or Say It ( <i>Using a Filter</i> )
	5. The Two W's ( <i>Making Small Talk</i> )
SKILL 9: <b>Advanced Conversation Skills</b>	1. Conversation Measuring Cup ( <i>Giving Long or Short Responses</i> )
	2. Background Brief ( <i>Telling a Narrative</i> )
	3. Direct and Indirect Language
	4. Disguised Thoughts ( <i>Using Nonliteral Language</i> )
	5. Using Humor & Sarcasm
	6. Cyber Skills ( <i>Online Communication</i> )
SKILL 10: <b>Nonverbal Communication</b>	1. Keeping Personal Space
	2. Active Listening
	3. Making Eye Contact
	4. Understanding Body Language
	5. Act like You're Interested
	6. Tone of Voice

<i>Skills</i>	<i>Goals</i>
SKILL 11: <b>Situational Awareness</b>	1. Thinking About Others 2. Reading the Room 3. Restaurant Rules ( <i>Mealtime Behaviors</i> ) 4. Being a Social Chameleon ( <i>Adapting to New Places</i> )
SKILL 12: <b>Problem Solving</b>	1. Solving a Problem 2. Compromising
SKILL 13: <b>Friendship</b>	1. Acting Like a Friend 2. Giving and Receiving Compliments 3. Using the Relationship Ruler ( <i>Different Types of Relationships</i> ) 4. Handling Conflicts with Friends
SKILL 14: <b>Self-Esteem</b>	1. Thinking Positive 2. Advocating for Yourself 3. Handling Rejection 4. Handling Teasing and Bullying
SKILL 15: <b>Hygiene</b>	1. Understanding Hygiene 2. Improving Your Hygiene

This Scope & Sequence reflects our currently available lesson plans for class settings in PreK & K, Elementary, and Middle & High School. We know students learn differently as they grow up, so we've adapt our materials to suit the needs of each grade band.

**Explore our entire library of  
1,000+ materials  
FREE for 30 days**

[Sign Up](#)

**Interested in securing  
multiple licenses for your  
school or district?**

[Generate Quote](#)

