Solving a Problem

We create new thinking pathways when we practice the series of steps needed to problem-solve. The five problem-solving steps become a mental checklist that learners can use to solve their problems without needing an adult's assistance. The problem-solving steps are:

1 Identify the problem

2 Decide if you need help

3 Come up with multiple solutions

A B C

4 Choose the best solution

A B C

5 Decide if the problem is solved—if not, try another solution or ask for help!

Everyday ▶ Speech