

# Using Humor & Sarcasm

We use humor to connect with others, lighten serious moods, or to make others laugh and feel good. Learners are taught to combine the knowledge of a person and situational awareness to determine when and how to use sarcasm and humor. Here are some do's and don't's of using humor:

## ✓ Do



1 Think about the time and place.



2 Read the room and consider others' moods.



3 Use your relationship ruler. Certain jokes work best with family and friends.

## ✗ Don't



1 Tell a joke while others are trying to work.



2 Try to be funny or use humor if people are in a serious mood.



3 Tell jokes or use the same type of humor with strangers that you use with family and friends.