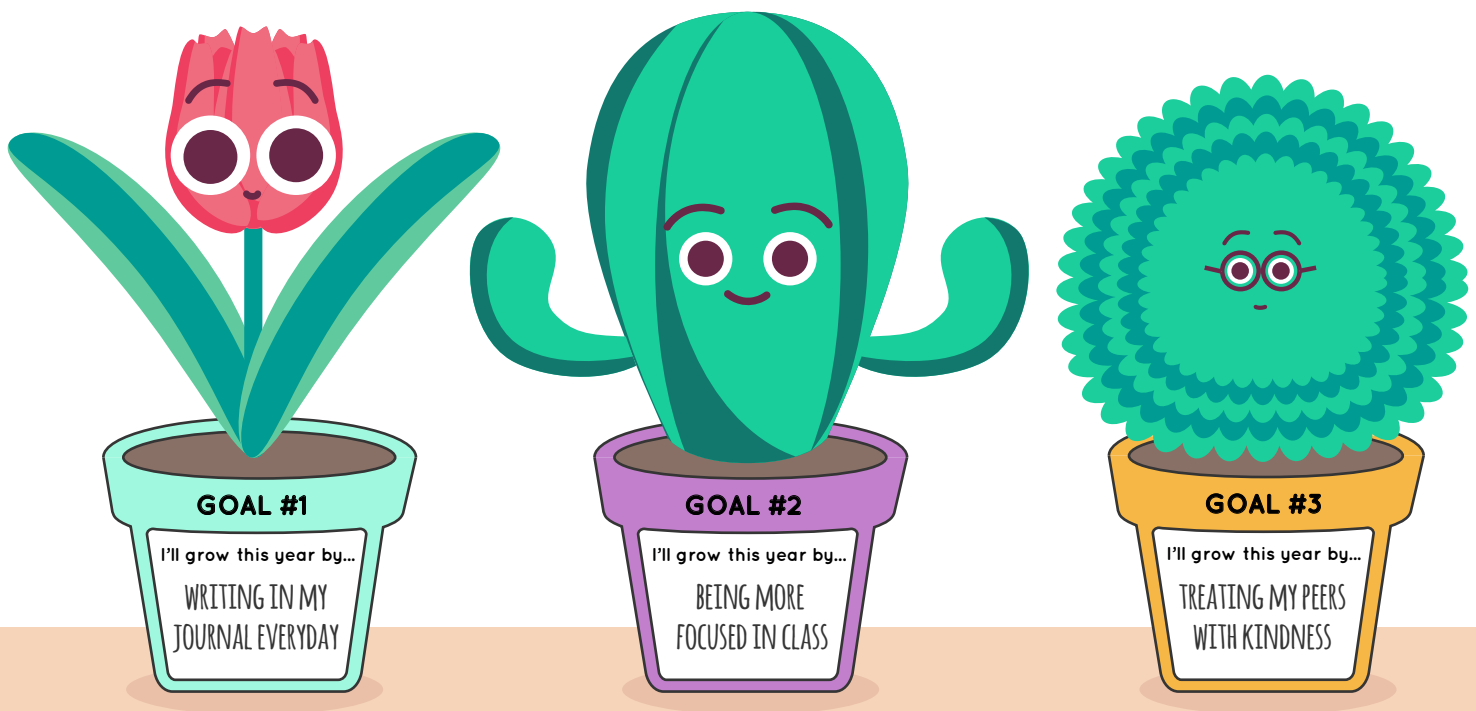


## Ready to Grow - Back to School Activity

Kick off the start to a new school year with this fun and motivating goal-setting activity. Setting and accomplishing goals gives students a sense of independence, confidence, and pride. By setting realistic and achievable goals, students will be ready to grow this school year!



## INSTRUCTIONS:



1. Brainstorm 1-3 ways you want to grow this year.
2. Write your goals on the plant pots below.
3. Color and cut out your plant pots and flowers.
4. Tape or glue your plants together. Now you're ready to grow!



### GOAL #1

I'll grow this year by...

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### GOAL #2

I'll grow this year by...

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### GOAL #3

I'll grow this year by...

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