

Name : _____ Date: _____

Everyday Speech

GETTING READY IN THE MORNING

Hygiene is how clean we keep our bodies. We all take steps to get ready for our day and stay clean in the morning. It's important to keep good hygiene every single day.

1. Why is it important to keep good hygiene every day?
2. How do you get ready in the morning? Are there any steps you want to add to your routine now?
3. Everyone gets ready in different ways. Is there anything you do differently from the video?

PUT THE STEPS OF YOUR MORNING ROUTINE IN ORDER

___	Put on deodorant	___	Dress in clean clothes
___	Wash face	___	Brush hair
___	Floss	___	Brush teeth