



## Emotion ID V

Name: \_\_\_\_\_

Date: \_\_\_\_\_

People give us many clues that can tell us how they feel. If we focus on how they look, how they sound, and what their words tell us, we can figure out how they feel. While you answer the questions below, challenge yourself to give descriptions of voice and faces using the word bank below.

### WORD BANK

Scrunch	Squint	Narrow	Tight mouth	Panicked
Loud	Rising emotion	Raised	Smile	Slow
Low energy	Lifted	Lowered	Open	Wide
Low tone	High tone	Fast voice	Slow voice	



## Emotion ID V

### ROUND 1

1 Describe in detail Alessandra's eyes, eyebrows, and mouth.

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2 How did her tone of voice sound?

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3 What message are her words sending?

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4 What emotion was Alessandra feeling?

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5 How did you make yourself feel better when you felt like Alessandra?

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## Emotion ID V

### ROUND 2

1 Describe Cole's eyes, eyebrows, and mouth.

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2 Describe how his voice sounds. Does the pitch stay flat or have variety?

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3 What's the meaning of his words?

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4 Is this emotion one that might stay with him for days, or do you think it will be brief?

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5 Tell about a time you felt like Cole.

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## Emotion ID V

### ROUND 3

1 Describe Zach's eyes, eyebrows, and mouth.

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2 Describe how his voice sounds. Is there variety in his tone, or is it flat?

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3 What would you say to Zach if he made this comment to you?

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4 How is Zach feeling?

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5 Describe exactly how your brain and body feel when you feel like Zach does.

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## Emotion ID V

### ROUND 4

1 Describe Julian's eyes, eyebrows, and mouth.

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2 Describe the sound of his voice. Is there an emotion you can hear in it?

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3 Listen to his words. How do you feel when you're in that same kind of situation?

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4 How is Julian feeling?

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5 Repeat Julian's story in your own words. Can you make your face and voice have the same emotion?

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## Emotion ID V

### ROUND 5

1 Describe the way Alessandra's eyes, eyebrows, and mouth change as she talks.

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2 Describe the emotion you hear in her voice.

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3 How do you feel when someone talks about something that makes others feel excluded?

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4 How is Alessandra feeling?

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5 Describe exactly what thoughts go through your head when you've been in a similar situation.

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