

Name : \_\_\_\_\_

Date: \_\_\_\_\_

# EVERYDAY SPEECH

Say How You're Feeling



We should stand up for ourselves if we feel uncomfortable or upset. It can be difficult to stand up to friends or speak our mind but it is important. Think about how to stand up for yourself.

How did Mike feel about his nickname?

What did Mike say to Alessandra to tell how he felt?

How did Alessandra respond back to Mike?

## WHAT WOULD YOU SAY TO STAND UP FOR YOURSELF IN EACH SITUATION

A group member told you to work on the poster but you would rather help with the paper

A friend wants to come over when your parents aren't home but you don't feel comfortable

You always hang out at your friend's house and you would like them to come over to yours