

Name : \_\_\_\_\_ Date: \_\_\_\_\_

# EVERYDAY SPEECH



## Feeling Jealous

We still need to respect others and treat them kindly when we feel jealous. This can be really hard. To help, you can use positive self talk to make yourself feel better.

What was Tim jealous of?

How did he make Alessandra and Mike feel when he showed his jealousy?

How did Tim use positive self talk to control his feelings?

### EVEN IF YOU FELT JEALOUS, WHAT WOULD YOU SAY IN EACH SITUATION?

Your friend won \$200 in a raffle

Your sister got the lead in a play and you got a chorus part

Your friends made the travel basketball team and you did not