

Name : \_\_\_\_\_

Date: \_\_\_\_\_

# EVERYDAY SPEECH



## Using a Filter

Sometimes we need to filter our thoughts and not say EVERY thought in our head. A filter separates things. Think about a filter between your “think it” thoughts and “say it” thoughts.

What did Graham say to Maddie?

How did it make her feel?

How did Graham learn to use a filter?

## WHAT COULD YOU SAY INSTEAD TO FILTER THESE THOUGHTS

You go to your friend's house  
and you are really bored.

You have dinner at your aunt's  
house and you hate the food.

Your whole family is going to your  
brother's violin recital and you  
hate going.