

Name : _____

Date: _____

EVERYDAY SPEECH



Staying Calm to Solve a Problem

If we have a problem and start to freak out we can make things worse! If we stay calm and think of problem solving strategies, we can solve our problem.

Why was Chris upset?

How did he make the others feel?

How did he change his behavior in the end?

WRITE DOWN A WAY TO TRY AND SOLVE EACH PROBLEM

You forgot to bring your project to school and it's due today

Its your friends birthday and you don't have a gift or card for them

You have to go to a doctor's appointment on Tuesday but you have to work