

Name : \_\_\_\_\_

Date: \_\_\_\_\_

# EVERYDAY SPEECH



## Doing Things we Don't Want to Do

We don't always get to do everything we want. We need to work hard to be flexible thinkers. This means using strategies before we get upset and stressed out.

What was Chris's problem?

How was Chris feeling?

How did Chris solve the problem?

**TELL 3 THINGS YOU DON'T LIKE TO DO, THEN THINK OF WHY THEY COULD BE GOOD FOR YOU**

1.

2.

3.