

Name: _____

Date: _____



FOCUSING IN SCHOOL

When we're at school, it's important to concentrate on what is going on around us, especially if we are being taught a lesson.

Read and answer each question below.

1. How did Madison show she was focused?

2. When is a good time to think about movies or something that's not school related?

3. What are some tools you can use to stay focused during school time?

REVIEW

Tell about a time it was hard to focus on school work.
How did it feel? Were you able to get your work done?