

Name : _____ Date: _____

Everyday Speech

MODELING – KEEPING SELF CONTROL

1. What is self control?
2. When are times we need to keep self control?
3. What can you do to try and keep self control if you're feeling upset?

REVIEW

Lola had a really bad day. She got home and her brother asked her for help with the TV. She yelled at her brother to figure it out himself.
Now she feels bad. What should she have done instead?