

Name : _____

Date: _____

EVERYDAY SPEECH



Perspective Taking

Perspective Taking means seeing a situation from someone else's view. Have you ever heard of putting yourself in someone else's shoes? This means trying to see how it would feel to be them.

*For each situation below, give two different perspectives people could have.

1. Someone is sitting by the swings crying.

2. A kid in class is looking out the window and not listening

3. A kid stares at their phone with a frustrated look.

Have you ever had a problem because you saw a situation one way and another person felt differently?

What did you do to solve the problem?

Don't forget to check out our **SOCIAL SKILLS VIDEOS** especially *Seeing Someone Else's Side*

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Problem Solving

When problems happen, we need to solve them so we can move forward with our day. We can solve problems by taking someone else's perspective, compromising, and talking to each other.

* Read each situation below. In each box, write the problem and how it can be solved.

1. Tonya bumps into Erin in the hallway and Erin drop all of her books.

2. Kyle is waiting for his friend after school who is 15 minutes late.

3. A kid is humming loudly in class next to another person trying to get their work done.

Have you ever had a problem because you saw a situation one way and another person felt differently?

What did you do to solve the problem?

Don't forget to check out our **SOCIAL SKILLS VIDEOS** especially *Fighting with Friends*

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Empathy

Empathy is understanding and caring about how another person is feeling. Empathy shows others that we can be good friends.

Have you ever had a hard time knowing how someone was feeling?

•Read each situation below. Share what you think of how that person may be feeling and write it in the box.

1. Tyler tries out for the football team but doesn't make it.

2. Rachel's grandmother passed away over the weekend.

3. Tim's best friend isn't talking to him right now.

Have you ever had a difficult time understanding how someone was feeling?

How did you figure out how they were feeling?

Don't forget to check out our **SOCIAL SKILLS VIDEOS** especially Showing Empathy

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Feelings in the Classroom

People have lots of different feelings. Knowing different emotions can help us understand what we need to say to someone or know how to act.

* Read each situation. In each box write which emotion you think that person is feeling.

1. Luke got an F on his math test.

2. The teacher calls on Sheila but she doesn't know the answer.

3. Greg has to do a presentation in front of the whole class.

When was a time that you felt happy, nervous, angry, or confused?

How many different emotions do you know?

Don't forget to check out our **SOCIAL SKILLS VIDEOS** especially Reading a Situation